

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Herdt An HEADCOACH

Coaches: De Boo Helge

Coaches: Jacob Sven

Coaches: Van Campenhout Sigrid

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:3, starttime: 14:04
Heat: 3/4 Lane : 2 Athlete: VAN REETH LIEZE			Q-time: 01:14:44
PB (50m pool): 01:14.44 Antwerpen 13/07/2025			PB (25m pool): 01:12.22 SB: 01:14.93 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:35.01	01:14.44	
	00:35.01	00:39.43	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:1, starttime: 14:08
Heat: 1/7 Lane : 2 Athlete: VERMEIREN STAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:29.49 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:1, starttime: 14:08
Heat: 1/7 Lane : 5 Athlete: MERTENS GERBEN			Q-time: 01:22:03
PB (50m pool): 01:20.09 Antwerpen 14/07/2024			PB (25m pool): 01:10.60 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:20.09	
	no time		
			

Coach feedback:

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Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:1, starttime: 14:08
Heat: 1/7 Lane : 6 Athlete: DRISSI EL MESKINI TAMIZ			Q-time: 01:27:01
PB (50m pool): 01:27.01 Wezenberg 05/01/2025			PB (25m pool): 01:13.44 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.23	01:27.01	
	00:41.23	00:45.78	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:3, starttime: 14:12
Heat: 3/7 Lane : 2 Athlete: JACOB QINGKUN			Q-time: 01:16:04
PB (50m pool): 01:16.04 Antwerpen 13/07/2025			PB (25m pool): 01:12.89 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.38	01:16.04	
	00:36.38	00:39.66	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:4, starttime: 14:14
Heat: 4/7 Lane : 4 Athlete: WIJSGEER VIKTOR			Q-time: 01:12:36
PB (50m pool): 01:12.36 Antwerpen 13/07/2025			PB (25m pool): 01:09.83 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.86	01:12.36	
	00:34.86	00:37.50	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:5, starttime: 14:16
Heat: 5/7 Lane : 6 Athlete: JANSSENS TIJS			Q-time: 01:10:45
PB (50m pool): 01:10.45 Antwerpen 13/07/2025			PB (25m pool): 01:07.69 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.06	01:10.45	
	00:34.06	00:36.39	
			

Coach feedback:

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Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:1, starttime: 14:21
Heat: 1/3 Lane : 2 Athlete: VERHOEVEN LIESE			Q-time: 01:23:56
PB (50m pool): 01:23.56 Antwerpen 13/07/2025			PB (25m pool): 01:24.32 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.94	01:23.56	
	00:40.94	00:42.62	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:2, starttime: 14:24
Heat: 2/3 Lane : 4 Athlete: JACOBS LOTTE			Q-time: 01:15:33
PB (50m pool): 01:20.44 Antwerp 14/04/2024			PB (25m pool): 01:14.57 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:20.44	
	no time		
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 17+			Heat:2, starttime: 14:29
Heat: 2/3 Lane : 5 Athlete: DOOMEN MARNIX			Q-time: 01:19:95
PB (50m pool): 01:18.92 Antwerpen 28/07/2024			PB (25m pool): 01:15.29 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:18.92	
	no time		
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 17+			Heat:2, starttime: 14:29
Heat: 2/3 Lane : 8 Athlete: VERCAMMEN DAAN			Q-time: 01:30:97
PB (50m pool): 01:30.97 Wezenberg 05/01/2025			PB (25m pool): 01:21.62 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.42	01:30.97	
	00:43.42	00:47.55	
			

Coach feedback:

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Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:5, starttime: 14:47
Heat: 5/8 Lane : 6 Athlete: VAN REETH LIEZE			Q-time: 01:06:75
PB (50m pool): 01:06.75 Antwerpen 13/07/2025			PB (25m pool): 01:07.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.01	01:06.75	
	00:32.01	00:34.74	
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:7, starttime: 14:50
Heat: 7/8 Lane : 8 Athlete: VERDOOD PIP			Q-time: 01:04:14
PB (50m pool): 01:04.14 Antwerpen 20/07/2025			PB (25m pool): 01:04.10 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.72	01:04.14	
	00:30.72	00:33.42	
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:8, starttime: 14:52
Heat: 8/8 Lane : 1 Athlete: SCHELLEMANS CHARLOTTE			Q-time: 01:02:68
PB (50m pool): 01:02.68 Antwerpen 27/07/2025			PB (25m pool): 01:02.62 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.19	01:02.68	
	00:30.19	00:32.49	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:1, starttime: 14:54
Heat: 1/8 Lane : 3 Athlete: VERMEIREN STAN			Q-time: 01:18:73
PB (50m pool): 01:18.73 Antwerpen 13/07/2025			PB (25m pool): 01:16.24 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.47	01:18.73	
	00:35.47	00:43.26	
			

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 15-16			Heat:1, starttime: 14:54
Heat: 1/8 Lane : 5 Athlete: DRISSI EL MESKINI TAMIZ			Q-time: 01:18:73
PB (50m pool): 01:18.73 Mol 22/06/2025			PB (25m pool): 01:08.35 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.23	01:18.73	
	00:38.23	00:40.50	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:3, starttime: 14:57
Heat: 3/8 Lane : 4 Athlete: JACOB QINGKUN			Q-time: 01:04:17
PB (50m pool): 01:04.17 Antwerpen 13/07/2025			PB (25m pool): 01:01.80 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.15	01:04.17	
	00:30.15	00:34.02	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:3, starttime: 14:57
Heat: 3/8 Lane : 5 Athlete: WIJSGEER VIKTOR			Q-time: 01:04:45
PB (50m pool): 01:04.45 Antwerpen 13/07/2025			PB (25m pool): 01:01.62 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.98	01:04.45	
	00:29.98	00:34.47	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:4, starttime: 14:59
Heat: 4/8 Lane : 8 Athlete: MERTENS GERBEN			Q-time: 01:04:04
PB (50m pool): 01:04.04 Antwerpen 13/07/2025			PB (25m pool): 01:01.06 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.39	01:04.04	
	00:31.39	00:32.65	
			

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 15-16			Heat:6, starttime: 15:02
Heat: 6/8 Lane : 3 Athlete: JANSSENS TIJS			Q-time: 00:59:96
PB (50m pool): 00:59.96 Wezenberg 05/01/2025			PB (25m pool): 00:58.32 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.16	00:59.96	
	00:29.16	00:30.80	
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:4, starttime: 15:10
Heat: 4/6 Lane : 3 Athlete: HUBERLAND LORE			Q-time: 00:39:57
PB (50m pool): 00:39.57 Antwerpen 20/04/2025			PB (25m pool): 00:37.95 SB: no time
	5 0 M		
PB	00:39.57		
	00:39.57		
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:5, starttime: 15:11
Heat: 5/6 Lane : 2 Athlete: JACOBS LOTTE			Q-time: 00:38:35
PB (50m pool): 00:38.35 Antwerpen 13/07/2025			PB (25m pool): 00:38.10 SB: no time
	5 0 M		
PB	00:38.35		
	00:38.35		
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+			Heat:2, starttime: 15:15
Heat: 2/6 Lane : 7 Athlete: SLAETS CAZ			Q-time: 00:33:45
PB (50m pool): 00:33.45 Antwerpen 20/04/2025			PB (25m pool): 00:31.94 SB: no time
	5 0 M		
PB	00:33.45		
	00:33.45		
			

Coach feedback:

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Event number: 30: 50M BUTTERFLY MEN 17+			Heat:2, starttime: 15:15
Heat: 2/6 Lane : 8 Athlete: VERCAMMEN DAAN			Q-time: 00:35:18
PB (50m pool): 00:35.18 Antwerpen 13/07/2025			PB (25m pool): 00:34.74 SB: no time
	5 0 M		
PB	00:35.18		
	00:35.18		
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+			Heat:4, starttime: 15:17
Heat: 4/6 Lane : 5 Athlete: DOOMEN MARNIX			Q-time: 00:28:65
PB (50m pool): 00:28.65 Antwerpen 27/07/2025			PB (25m pool): 00:28.53 SB: no time
	5 0 M		
PB	00:28.65		
	00:28.65		
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 17+			Heat:1, starttime: 15:20
Heat: 1/2 Lane : 2 Athlete: VERHOEVEN LIESE			Q-time: 01:34:11
PB (50m pool): 01:34.11 Antwerpen 13/07/2025			PB (25m pool): 01:31.13 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.74	01:34.11	
	00:43.74	00:50.37	
			

Coach feedback: